



# PÉCS BIKE MAFFIA

Informal group of volunteers, Hungary



The practice started in 2015, based on a good example of Budapest Bike Maffia, addressing the problem and needs of families in poverty in Pécs. The informal group of volunteers collects financial and material donations from individuals and companies, and once a week cook a warm meal and deliver it to families by bicycle.

30 volunteers work on this project every month, in order to bring warm and nutritious food to the table of 40 families.

The volunteers come from different age groups and social backgrounds, but they work as a team to build a community and promote social responsibility.

A relationship of trust is established between the volunteers and those who are in need. Help, in this case, means not only material help, but also emotional, mental or practical assistance. Families in need are more confident to ask for help in other matters too, and it is often the case that the previously deprived become helpers and volunteers.



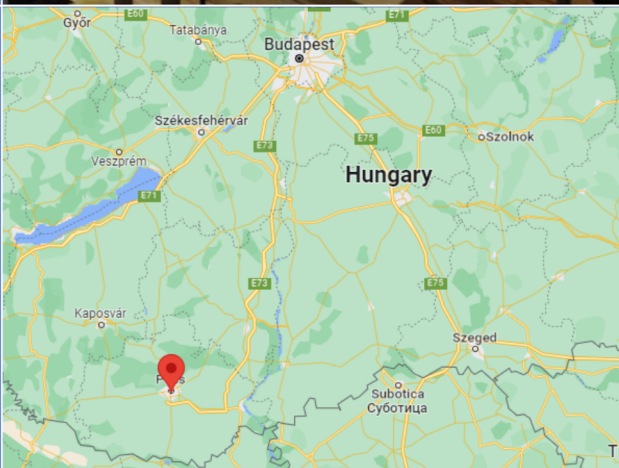
## POTENTIAL FOR TRANSFER

This practice can be easily transferred to any city or bigger towns with a responsible bicycle community. It can also be adapted and adjusted to the local need: it could provide home care services, shopping or medicine delivery, social services etc. The most important aspects to be transferred are social inclusion, care and self-organisation. It is also a green, easy-to follow and low budget approach.



## HOW TO START

- Secure the funds for providing meals - secure donations, national and EU funds
- Enlist volunteers for gathering supplies, cooking and food delivery
- Find people in your community to support by providing warm meals
- Organise team building activities to create firm bonds and a sense of community among the team of volunteers



## WANT TO KNOW MORE?

Éva Knyihár, Professional leader at Pécs Bike Maffia

✉ [bikemaffia.pecs@gmail.com](mailto:bikemaffia.pecs@gmail.com)

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